

#MENTALHEALTHREFORM

S 2680, the Mental Health Reform Act of 2016

1 in 5 Americans have a mental health condition. With the right care, recovery is possible. But, most people aren't getting the care they need because America's mental health system is broken.

Here are the facts:

- America's suicide rate is the highest it's been in 30 years.
- Half of Americans with mental illness did not get *any* mental health care in the past year.
- Mental health care is unfairly restricted by many health insurance plans.

It's time to strengthen our nation's mental health system. Bring the *Mental Health Reform Act of 2016*, S 2680, to a vote.

S 2680 combats suicide in our schools and communities, so precious lives are saved.

- Authorizes the National Suicide Prevention Lifeline program
- Extends the Garrett Lee Smith Memorial Act to provide suicide prevention for all ages and creates a national suicide technical assistance center

S 2680 increases the mental health workforce, so more trained professionals are available to help.

- Creates a Minority Fellowship Program to increase the number of qualified, culturally-competent mental health professionals
- Reauthorizes grants to increase training of mental health professionals
- Authorizes grants for telehealth child psychiatry to provide remote psychiatric expertise to pediatric mental health and primary care practices

S 2680 strengthens enforcement of the mental health parity law, so health plans are held accountable for the coverage people paid for.

- Requires audits of plans that have five or more parity violations and reports to Congress on the result of completed federal parity investigations
- Requires additional federal guidance to help plans comply with the parity law
- Requires a federal action plan to enhance parity enforcement and a GAO parity study

S 2680 invests in early intervention, so people get the right mental health care at the right time to promote healthy lives.

- Requires 5% of state mental health block grant funds to be used to support evidence-based programs that address early serious mental illness, including psychotic disorders (such as First Episode Psychosis, or FEP, programs)
- Establishes grants for effective early childhood mental health programs

S 2680 promotes integration of health and mental health care, so people get care that treats the whole person, not just one condition.

- Supports training of medical residents, nurses, physician assistants and social workers to provide mental health services in integrated care settings in underserved areas
- Creates grants to support integrated primary and behavioral health care services

S 2680 strengthens community crisis response systems, so people experiencing a psychiatric crisis can get help sooner, before their condition worsens.

- Authorizes grants to enhance community crisis response services for people with mental illness or substance use disorders
- Authorizes grants to develop and maintain databases of crisis stabilization and psychiatric inpatient beds and beds at residential treatment facilities

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SHARE THE FACTS

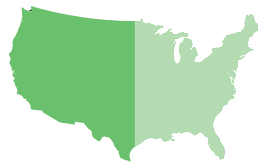
1 IN 5



Americans are affected by mental illness in a given year.

MORE THAN 50%

of adults and children with mental health conditions received no mental health treatment in the past year.



75% of rural and frontier communities do not have any mental health professionals, affecting up to 45 million Americans.

Over **40,000** American lives are lost to suicide every year.

Suicide is the **2nd** leading cause of death among young people ages 15-24 years.



Mental health and substance use disorders caused more hospitalizations among U.S. troops in 2009 than any other cause.



Mental illness costs America **\$193.2 BILLION** in lost earnings each year.

74
WEEKS
(U.S.)

7
WEEKS
(U.K.)

The average delay from the first symptoms of psychosis to treatment in the U.S. and the United Kingdom.



8.4 MILLION

Americans provide care to an adult living with mental illness.

3 OUT OF 4

mental health caregivers report high levels of stress.

FACTS ABOUT S 2680:

Passing a bill could help

- combat suicide in our schools and communities;
- improve access to mental health care by increasing the number of mental health professionals;
- and hold health insurance plans accountable for covering mental health fairly.

2 MILLION

Americans with mental health conditions languish in jails each year, often as a result of their illness.

